ENTRY AND EXHIBITS

- Entry form deadline: AUGUST 15, 2017 (After 8/15/17, late fees will apply.)
- All clubs must enter: Hosting.
- All individuals are encouraged to enter Educational Exhibits.
- Read General Rules & Regulations.
- Exhibits accepted in the 4-H Building Tuesday prior to Fair, 7:30 am - 11:30 am.
- Exhibits must be picked up on Monday between 6 and 8 pm.
- Read General Rules & Regulations.

4-H FOOD & NUTRITION RULES

1. Each entry must state junior, intermediate, or senior age group. Please indicate age on entry tag.
2. Baked items prepared with 1) flour other than bleached white flour, 2) sweeteners other than refined white sugar and/or 3) ingredients without additives, such as preservatives and dyes may be entered in this exhibit.
3. No items should be made from purchased mixes.
4. All entries must be on paper plates.
5. No entries requiring refrigeration will be accepted.
6. You may have more than one entry in each DIVISION and CLASS but each entry must be different.
7. Exhibitors must be enrolled in any current 4-H Foods Project to enter the Foods and Nutrition Division.
8. 4-H’er may be involved in one interview judging session in each division.
9. Foods Judging Contest, enter Department 69, Division 69-B, Class 01.
10. Every entry in Divisions 63-A through 63-E and 63-H must include recipe. These can be hand-written legibly or printed on a 3”x 5” or 4”x 6” index card.

DIVISION 63- A ..................................QUICK BREADS
List exact name of product.
PREMIUM POINTS
Blue ............. 10
Red ............. 8
White .......... 6

CLASSES
01 - Fruit or nut bread (1/2 loaf plus 1 slice)
02 - Biscuits (4 per entry)
03 - Muffins (4 per entry)
04 - Cake doughnuts (4 per entry)
05 - Coffee cake (½ cakes, plus 1 slice)
06 - Other

DIVISION 63-B.............................. YEAST BREADS
Bread Makers may not be used. List exact name of product.
PREMIUM POINTS
Blue ............. 20
Red ............. 15
White .......... 10

CLASS 01 – YEAST BREAD
Any yeast bread products may be entered including rolls (4 per entry); 1 loaf bread; 1 tea ring

DIVISION 63-C .........................DESSERTS
List exact name of product.

CLASS 01 – COOKIES
(4 per entry approximately 2½-3” in diameter) Includes bar cookies and brownies.
PREMIUM POINTS
Blue ............. 20
Red ............. 15
White .......... 10
CLASS 02 - CAKE OR CUPCAKES
Made from scratch (exhibitor must enter 1/2 frosted cake plus one piece or 3 frosted cupcakes made with shortening and not made with commercial mix. Enclose recipe on 3 x 5 card or 4 x 6 card (one side only).
PREMIUM POINTS
Blue .................. 12
Red .................... 9
White ................ 7

CLASS 03 - PIE CRUST
Exhibitor must enter 1 whole crust, approximately 8 to 9 inches in diameter). No filling.

CLASS 04 - FANCY DESSERTS (example are filled cookies 4 per entry; ½ jelly roll. Decorated cookies or cakes on edible base.)
PREMIUM POINTS
Blue .................. 15
Red .................... 12
White ................ 10

DIVISION 63-D .........................INTERNATIONAL BAKED GOODS
PREMIUM POINTS
Blue .................. 15
Red .................... 12
White ................ 9

CLASS 01 - Recipe must be included on a 3”x 5”or 4”x 6” card (one side only). Include name of country.

DIVISION 63-E ..........................CANDIES
CLASS 01 - SIMPLE CANDIES
Examples are popcorn balls, caramel apples 4 pieces
PREMIUM POINTS
Blue .................. 10
Red ...................  8
White ................  6

CLASS 02 - DIFFICULT CANDIES
Fudge, divinity, caramels, dipped chocolate 4 pieces per entry, about 1” square
PREMIUM POINTS
Blue .................. 15
Red ................... 12
White ................  9

DIVISION 63-F ..........................BROWN BAG LUNCH
PREMIUM POINTS
Blue .................. 15
Red ................... 12
White ................  9

CLASS 01 - BROWN BAG LUNCH
Include a 5”x 8” inch card with the menu for the day this lunch will be eaten (breakfast, brown bag lunch and dinner will be included on 5”x 8” inch card). Foods should be chosen to meet the nutritional needs of the exhibitor also keeping in mind that the exhibitor will store the lunch in his locker for 4-5 hours. Since beverages are often purchased at school, the beverage does not have to be included in the sack lunch but should be indicated on the day’s menu to be exhibited with the entry. An empty beverage carton or can would also be accepted.

DIVISION 63-G ..........................GIFT FOOD BASKET OR TRAY
PREMIUM POINTS
Blue .................. 15
Red .................... 12
White ................  9

CLASS 01 - GIFT FOOD BASKET OR TRAY
This must include not less than three different foods, i.e., three different cookies or three other nonperishable food combinations. Include information on the recipient and the occasion. Baskets or trays should be decorated attractively.

DIVISION 63-H .......................... HOMEMADE MIX
PREMIUM POINTS
Blue .................. 15
Red .................... 12
White ................  9

CLASS 01 - HOMEMADE MIX
Entry must include:
1. Small container of mix
2. Recipe for homemade mix
3. Cost comparison of homemade mix (finished product) vs. store bought equivalent.
4. Recipe for a finished product
5. Points can be earned for neatness of recipe
6. Points can be earned for decorative appearance.

AWARDS

FOODS AND NUTRITION SPECIAL AWARDS
CASH AWARDS will be given to projects determined deserving. Sponsors are listed Department 65.

YOUTH BEST OF SHOW
Awards to the best overall exhibits in the Youth Yeast Baking Category:
1st Place - Cookbook and Rosette
2nd Place – Cookbook
Donated by the Washington Wheat Commission (Machine Breads not included for this award)